

Your procedure will be performed by Doctor: \_\_\_\_\_

Address: \_\_\_\_\_

Date of procedure: \_\_\_\_\_ Arrive at: \_\_\_\_\_ AM/PM

Comments: \_\_\_\_\_

## SUPREP<sup>®</sup> BOWEL PREP KIT

(sodium sulfate, potassium sulfate and magnesium sulfate)  
Oral Solution

(17.5g/3.13g/1.6g) per 6 ounces



*SUPREP Bowel Prep is a split-dose regime. Both 6-ounce bottles are required for a complete prep.*

**What you need to purchase:** Please purchase **4 days prior** to your procedure.

- ✓ SUPREP Bowel Prep Kit – It is available by prescription only (**If your pharmacy does not have SUPREP in stock it can be ordered within 24 hours using this number for your pharmacist 52268-012-01**)

### On the day before your procedure...

#### What You **CAN** do:

- Have clear liquids **ONLY; DO NOT HAVE ANYTHING SOLID** for breakfast, lunch or dinner
- You may wish to use Tucks Pads or baby wipes instead of toilet tissue to reduce rectal irritations
- You should take your **REGULAR MORNING BLOOD PRESSURE AND HEART MEDICATIONS** with a sip of water before leaving the house before your procedure.

#### What You **CANNOT** do:

- **DO NOT** drink milk
- **DO NOT** eat or drink anything colored red or purple
- **DO NOT** drink alcoholic beverages
- **DO NOT** take any iron products
- **DO NOT have anything solid for breakfast, lunch or dinner – CLEAR LIQUIDS ONLY**
- You should have **NOTHING by mouth after midnight** the day of your procedure
- If you are diabetic, **DO NOT** take your morning insulin or oral medication

#### Any of the following liquids are OK to drink:

- Strained fruit juices (without pulp) including apple, orange, white grape, or white cranberry, water
- Limeade or lemonade
- Coffee or tea (**DO NOT** use any dairy or non-dairy creamer)
- Chicken broth (**NO VEGETABLES, NOODLES, MEAT**)
- Gelatin desserts no fruit or topping (no red or purple)

**FIRST DOSE:** Begin Step 1 at \_\_\_\_\_ the day prior to your procedure.

**STEP 1**  
Pour **ONE (1)** 6-ounce bottle of SUPREP liquid into the mixing container.

**STEP 2**  
Add cool drinking water to the 16-ounce line on the container and mix.  
**NOTE:** Dilute the solution concentrate as directed prior to use.

**STEP 3**  
Drink **ALL** the liquid in the container.

**STEP 4**  
**IMPORTANT**  
You must drink two (2) more 16-ounce containers of water over the next 1 hour.

**SECOND DOSE:** Begin Step 1 at \_\_\_\_\_ the day prior to your procedure. For this dose, repeat steps 1 through 4 as shown above using the other 6-ounce bottle.

**NOTE:** You **MUST** have someone with you to drive you home. If you do not have someone to drive you home your procedure will be cancelled.

\*\*\*Please remain by a restroom while drinking the prep – a successful prep will be achieved when the fluid from your bowels is yellowish in color and free of solid matter.

**IF YOU HAVE ANY QUESTIONS PLEASE CALL OUR OFFICE**